KANSAS STATE UNIVERSITY
Extension
Central Kansas District

Request for Club Program

Ellie, Kate, and the 4-H PDC members are ready to visit your 4-H club! Please note which of the following programs you would like for them to present. If there is another program you would like presented, please list it on the "other" line and contact Ellie with details. *You will be contacted by email with the date individuals will be able to come and visit*.

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PROGRAM OPPORTUNITIES:

☐ **Records Training** – If your club would like to have their own training on the Project Report Forms, Record Books, and/or using the web-based version for record keeping (ZSuite), this is the program for you. This training will be 1 to 1 ½ hours long. You may need to schedule a special meeting for this training. Minimum of 5 participants please.

☐ **High Five** – This is an activity which focuses on goal setting. Participants will begin to explore what they would like to achieve through 4-H, school, community, etc. by deciding what they'd like to accomplish in the next few years. (15-20 minutes)

☐ **The Tower of Trust** – This activity will focus on trustworthiness. Youth will brainstorm various attributes of trustworthiness and build a tower out of styrofoam cups. We will discuss how it takes a long time to build trust, but only a few seconds to tear it down. (15-20 minutes)

Club **Avg. # of 4-H'ers per meeting**

( ) -

Contact Person **Phone**

Please list the times, dates, and location of your first three (3) choices for the club visit. Visits will occur between January and April of the current 4-H year.

	DATE	TIME	LOCATION
1.			
2.			
3.			

Directions to club meeting if location is different than regular location: _____

Please return to the either Extension Office by November 15, 2026

Revised 09/2026